

BAR HILL NEWS

October 2016; Issue 575

— BAR HILL'S GOLDEN JUBILEE —

On 24th May 1967, the first residents moved into Bar Hill, occupying houses in Acorn Avenue. The year 2017, therefore, marks Bar Hill's 'golden jubilee'. A full year of events is being planned and a broad outline has already taken shape. Crowning the year will be a 'bigger than ever' Fete on 1st July. Other events already planned include a celebratory dinner, a flower festival, a performance of the musical *Godspell*, and a weekend of events at the end of September.

A preliminary schedule will be published in December's Bar Hill News with a near-final version the following February. Village organisations are being asked to book a date for an event or events, however vague, for inclusion in the schedule. For more details, or to book a date, please contact me at 11 Almond Grove; tel: 01954 780304 or e-mail roger.hall90@ntlworld.com.

Roger Hall, Hon Chairman, Bar Hill Residents' Association

A14 CAMBRIDGE TO HUNTINGDON IMPROVEMENT SCHEME

— PUBLIC INFORMATION EXHIBITION —

Saturday 1st October, 10am–4pm
Bar Hill Village Hall

Find out more about this major scheme, part of Highways England's programme of improvements, which will start in early 2017 at a cost of £1.2–£1.8 billion.

Project Forums: by working in partnership with you, we can keep you informed about progress, listen to any concerns and take action to address them.

Parish and Community forums – aimed at local parish councillors, local residents and businesses. We aim to cover topics of particular interest to those communities.

Environmental forums – looking after the environment is an important part of our work and we will be maintaining close working relationships with environmental organisations. Updates on environmental work will also be shared in our other forums.

— PARISH COUNCIL NOTICE —

Responsible owners clear up their dog mess.
Bin it or take it home.

Anyone found to be not clearing up after their dogs will be prosecuted and fined. The Parish Council takes this seriously.

Not only is it a nuisance but is associated with various diseases including toxocara canis.

The District Council has the power to prosecute and will send a team to clear up: www.southcambs.gov.uk 'Report It'

The Parish Council is looking to install additional bins to help alleviate the problem and welcomes suggested locations from dog owners.

— PARISH COUNCIL NOTICE —

Thriller Unit

Just before the school holidays commenced in July, an incident occurred in the children's play park on the village green which resulted in the Thriller Unit being broken due to misuse by some "adults".

Sadly for young children the equipment was made both dangerous and unusable and was therefore out of action for the entire summer school holidays whilst specialist parts were manufactured and reinstalled by Wicksteed. Regrettably these repairs have cost us a total of just over £600 which represents a significant amount of our annual play equipment budget.

The Police have been informed and we understand they are checking local cameras and investigating this as a criminal offence.

Can we also at this time please remind parents to note the age specific signs for all of the pieces of equipment in both this fenced off children's play area and in the other areas of the village, and pass this information to their children.

The Council can only apologise to all the children for not being able to provide full play facilities over the school holidays.

— ANNUAL GENERAL MEETING —
of the Bar Hill Village Hall
is on Thursday 6th October 2016 at 7.30pm

— UPCOMING EVENTS IN BAR HILL —

— MOTOWN NIGHT — at the Village Hall

Friday 7th October 7.30pm till midnight

Tickets £5.00 available from the Social Club,
or on the night.

In aid of breast and bowel cancer research.

— ALMOST ABBA —

15th October from 8pm–midnight
in the Village Hall

Ticket only, available from the club.

Free to members £5 non-members.

Everyone Welcome!

— HALLOWEEN DISPLAY —

It's that time of year again...

Gail and Richard invite you to call round and enjoy our Halloween Display, collecting in aid of the Cardiac Unit, Addenbrooke's.

The display will take place at 12 Appletrees,
on Monday 31st October. Lights on at 6.30pm.

Hope to see you!

HALLOWEEN

Deadline for November's edition: 15th October to bmmeditor@yahoo.com, or see page 2 or other contacts.

— BAR HILL RESIDENTS' ASSOCIATION —

2016-17 COMMITTEE:

Chair:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01954 782736	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Committee Members:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	1 Hanover Close
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The objectives of the association are to act as an intermediary between residents and other parties, to keep residents informed of matters of importance and recreation in and around the village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the association. Anonymous letters will not be published. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm-9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm-6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com [a Word file is best, please] or hard copy via Parish Council Office.

— THE MAPLE SURGERY —

Tel: 01954 780442

www.mhmaple.co.uk

Out of Hours Emergencies call 111
(Cambridgeshire and Peterborough 111 Service)

Surgery Opening times:

Monday to Friday 8.15am – 6.30pm

On the day appointments: bookable by phone at 8.30am
for the mornings and at 1.30pm for afternoons.

Midwife	Thursday	9.30am–12.30pm
Physiotherapist	Tuesday	1.00–4.30pm
Podiatrist	Wed. & Friday	8.45am–12 noon and 1.00–4.00pm

Orthoptist 2nd Tues/month 9.00am–12.30pm

Cambs Hearing Help 4th Tues/month 9.30–11.30am

Health Visitors (based at Longstanton): 01954 207612

Well Child Clinics: 3rd Tues/month 1.00–2.30pm
at the Children's Centre, Bar Hill (next to Primary School).

— BAR HILL HEALTH WALKS —

Free every Wednesday morning

Meet at Maple Surgery at 10.30am

Our walks are all weather (*in case of rain you will find us under the Church porch*), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short health questionnaire. Copies are available on the PPG noticeboard in Maple Surgery, and at www.walkingforhealth.org.uk.

Contact: Josephine Powell T: 07901 558108;

E: jopowell45@hotmail.com or Patricia Daniels

T: 07917 874402; E: danielsoohn@btinternet.com.

— WANTED —

Reception Class at Bar Hill School would be grateful for
any old calculators or mobile phones.

Please contact Jo Hall, 11 Almond Grove;
tel: 01954 780304

**HAVING PROBLEMS WITH
COMPUTERS OR NEW TECHNOLOGY?**

The solution is to *Learn IT* with Laura. Professional and
personal support and training in your home.

T: 07889 261282; E: info@learnitwithlaura.co.uk

W: www.learnitwithlaura.co.uk

— NWR —
**CONNECTING WOMEN WHO ARE
INTERESTED IN EVERYTHING AND TALK
ABOUT ANYTHING**



NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women, of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you'd be very welcome.

13 October Planning Meeting
27 October Research a Religious Meeting
10 November Telephone Treasure Trail

The Bar Hill NWR group meets informally, at 8pm in members' homes on alternate Thursday evenings. We pay an annual fee of £20.00 and just £1.00 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Bobby Colver on 01954 781662 or Marie-The Last on 01954 780329.

NWR can also be found on www.nwr.org.uk

— THE ETHELDREDA MEDAL WARD —

Sue Kenchington has been awarded the above medal for her services to the community in Bar Hill.

Sue set up and has been running the Knit & Natter group in the village for well over 10 years.

She also runs the Holiday@Home week for the elderly in the village, as well as being involved in the Church in various roles. Sue will be presented with her award by the Bishop of Ely at a special ceremony on 16th October at 4pm in Ely Cathedral. All of us who know Sue know that this award is thoroughly deserved.

— BAR HILL BOOK CLUB —

Our next meeting is on Tuesday 18th October at 7pm in the Fox, Bar Hill.

Please come and join our friendly group of book loving ladies. Contact Sheila: sheilafarrar@hotmail.co.uk or 07920 558319

**BAR HILL
COMMUNITY
MARKET**



Saturday 1st October
Saturday 5th November
10.30am – 2pm
In the Octagon CB23 8EH
— Entry is Free —

All profits go to community/charity projects.
Refreshments and BBQ (weather permitting)
If you wish to be part of the market please contact
Karen Austen on 01954 781085.
e-mail: bar.hill.community.market@gmail.com
Facebook: Bar Hill Community Market.



— HAPPY HOURS —



Our Club meets most Mondays in the Octagon building of Bar Hill Church and runs from 11am until 3pm, with coffee, tea and light lunches. Our Winter lunch time menu starts in October and consists of soup and a roll or baked potato with butter (at £1.50 each) or filled baked potatoes (cheese, tuna mayo or baked beans) or a ploughman's lunch (at £2 each). Our aim is to provide friendship and companionship so why not come along and give us a try? You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members.

Coming up in October:

3rd October: Play Your Cards Right
10th October: Name – Mime – Hum Game
17th October: Fun with Flags
24th October: Comedy Hour
31st October: Scary Food

Anne Plumb, 01954 780364

— HEALTH AND WELLBEING CLUB —

Normally held on the second Tuesday of the month between 2–4pm in Tesco Community Room, the group focuses on all aspects of promoting and maintaining good health in every area.

We start with a chair based exercise activity followed by advice from one of Tesco's departments, such as opticians, Nutricentre, which can include samples of healthy food and demonstrations.

This is a unique and friendly group and is an ideal place to meet new people.

Next meetings: 11th October, 15th November and 13th December.

For further information, contact Wendy Arrowsmith on 01954 781381 or Sue Kenchington on 01954 780260.

— NEIGHBOURHOOD WATCH —



Yes, the evenings are drawing in and we have to switch lights on earlier. Now is a good time to get into the habit of not leaving your house in darkness while you out. A totally dark house, in amongst others which are obviously occupied, can be too tempting to a burglar; and after an evening out who wants to come home to distress and possibly a mess?

- ☺ leave a radio on when you go out during the day.
- ☺ leave a light and radio on if you go out after dark (but not just in the hall – who lives in their hall?).
- ☺ invest in plug-in timers so if you go out in daylight but will be home after dark, lights will come on (a set of 3 only costs about £15 and are easy to programme).
- ☺ look out of your front window at night (eg before going to bed) and report anything suspicious; burglars know most of us don't look out once our curtains are drawn.

We might not like the darker evenings but let's keep our homes and village safe.

Pam Vendy, NHW Village Co-ordinator

— SWAVESEY GP SURGERY —

T: 01954 230202 • www.swaveseysurgery.nhs.uk

— LETTERS —

Dear Editor

With so many reports about badly behaved children, I would like to compliment the parents of four youngsters I met recently.

There is a group of 4-6 boys, I think about 8-10 years-old, who have a 'den' in the woodland opposite 11-14 Appletrees. One of the boys high-fived me for spraying the stinging nettles. They were very chatty and polite. It's great to see children out and about like we used to be. Maybe other residents could clear overgrown areas to help the Council, which doesn't have the resources to do so.

Best wishes

Gail, Appletrees

Dear Editor

Cambridge City Foodbank is looking for two volunteer drivers to collect items from the public collection point at Tesco Bar Hill and take them to the Foodbank warehouse in Orwell Furlong, Cambridge, just opposite the Science Park. Collections need to be made weekly, and on a Tuesday morning to fit in with other scheduled use of the Foodbank van. One potential driver has already volunteered, so the commitment shouldn't be too great, although of course flexibility would be much appreciated. Here's the official announcement:

"Drivers for Foodbank Transit van

Two vacancies for Tuesday mornings to enable us to collect from a new supermarket. Regular car driving license is sufficient. You need to be physically able to load and unload crates some of which can weigh around 10kg."

Feel free to talk to me in the first instance, if you like, on 01954 781233 or e-mail volunteers@ccfb.org.uk.

Thank you.

Chris Avery

HELP WITH THE BAR HILL NEWS — THANK YOU —

Over the past few months you may have noticed an appeal for help with the production and distribution of the Bar Hill News.

I'm very pleased to report that I've had sufficient new volunteers to fill the vacancies and we also have a few reserves to cover holidays, illnesses, etc. Some of the existing volunteers have also offered to take on additional or alternative tasks. I'd like to thank everyone who is involved in the production of the BHN, whether you have been helping for years, have recently stopped or are one of the new volunteers. There are about 50 of you and we couldn't do it without you. Thank you.

Martin Avery

— TESCO COMMUNITY NEWS —

A big thank you to our customers for helping raise £3,063.51 for Addenbrookes D2 General children's ward. This will help inject some much needed colour in the side rooms.

Thank you all very much

Karen Taylor, Community Champion, Bar Hill Tesco

Dear Editor

Cambridgeshire Special Constabulary

We're looking for people to become Special Constables in Cambridgeshire. If you take an interest in your community and want to make it a safer place, why not consider applying?

Being a Special is a great opportunity to get involved in the exciting world of policing and involves a minimum commitment of only four hours a week. It will also provide you with a broad range of skills and experience, which would be valuable on any CV.

Specials provide support over a wide range of policing activity, from roads policing, football matches, emergency response to major crime, and other specialist areas such as domestic abuse and the rural crime team.

Like their regular colleagues, Specials are sworn in by a magistrate and have the same powers by law, including power of arrest.

We also encourage employers to support their staff in volunteering as Special Constables, through our Employer Supported Policing Scheme (ESPS), a partnership which benefits all involved – the employer, member of staff, the police service – but most of all helps increase public safety and confidence.

To find out more or to apply, a new pamphlet about becoming a Special is available at

<http://ow.ly/1OJW303virg>

Many thanks for publishing this message.

Vic Kerlin, Head of the Special Constabulary

Dear Editor

Studio Lambert, makers of programmes such as the BAFTA-winning Gogglebox, Undercover Boss and Tattoo Fixers, are currently making a new programme for ITV and are looking for families from across the country to take part.

The programme will see those chosen to be included going on their usual holiday with two other families and showcasing why their holiday is the best, and then experiencing the other families' ideal holiday too. It will require an open mind, a sense of adventure and a passion for your style of holiday. Each family has a chance to win a great holiday – all they have to do is persuade the other families it's great too.

If anyone from Bar Hill would like to be considered for this programme, or knows someone they think might fit the bill, please e-mail us at holidays@studiolambert.com or call 020-3040 6854.

Whether you are a family of all-inclusive sun worshippers; love spending time at a coastal campsite; can't get enough of self-catered city breaks – the art, the museums, the food... If you think your family has the best time, we want to hear from you.

Filming will take place during October half-term 2016.

Closing date for applications is 16th October, so hurry and make that call!

Many thanks

Avril Beaven, Casting Producer, Studio Lambert

HAIR2U – professional mobile hairdressing covering Bar Hill and surrounding areas. Call Caroline: 07843 238718

— BAR HILL PARISH COUNCIL —

Sue Bell, Parish Clerk: 01954 780456

e-mail: bhillpc-1@btconnect.com

Please note that the office is open to Residents between 9am–11am Monday, Tuesday and Wednesday.

Visit our website: www.barhill.org.uk for updates on local matters.



A14 – Highways England
Saturday 1st October 2016
10am–4pm

Bar Hill Village Hall

Please do call in to find out how the A14 Cambridge to Huntingdon Improvements will affect you and ask any questions you may have.

Flood Advisory Service Exhibition will be visiting on Tesco car park during the autumn. Further details will be posted on the website www.barhill.org.uk and village noticeboard.

The Council will be arranging for UKPC to undertake warden controlled parking services to deter lorries from parking overnight at Viking Way. A six month trial period will start soon.

The kerbside electrical collection in July was well supported and we hope to keep organising from time to time.

The next Environment and Amenities meeting will be 5th October.

The next full Parish Council meeting will be held on Thursday 20th October at 7pm in the Parish Council Office. Members of the public and press are welcome. There is an Open Forum at the start of each meeting for residents to put their views across. Minutes of the previous month's meeting are on the village notice board. Items for the agenda must be placed with the Clerk at least seven days before the relevant committee/meeting.

Handy telephone numbers:

Streetlights: 0800 253529 – give number of lamp post;
Anglian Water (water supply and sewerage): 03457 145 145;
South Cambs District Council: 03450 450500;
County Council (damaged paths and roads): 01223 717111;
Abandoned Tesco trolleys: Trolley Wise: 0800 3161241.

HALLMARK HOTEL – JOB VACANCIES

We are currently looking to recruit for the following positions at the Hotel:

- Sous Chef;
- Leisure Attendant;
- Part-time Lounge Attendant – 9.30am–2.30pm, 6–10pm;
- Housekeepers – flexible around school hours;
- F&B Assistants – flexible around school hours;
- Receptionists;
- Lounge Menu Production: 9.30am–2.30pm, 6–10pm preparing the Lounge Menu including sandwiches and light snacks;
- Night Porter.

Previous experience preferred. Competitive rates of pay. Company benefits.

For further information please contact Emily Spenceley, Hotel Administrator, on: 01954 249944; or e-mail your CV to: Cambridge.admin@hallmarkhotels.co.uk

— BAR HILL SCHOOL —

tel: 01954 273305; fax: 01954 273306;

e-mail: office@barhill.cambs.sch.uk

website: www.barhillschool.co.uk



We are now well into the school year.

There has been lots of excitement, hard work and learning. Thanks to all parents and carers who helped prepare the children for the start of school. It was an excellent start!

This year we are planning to spend a great deal of time on personal, social, moral and health education alongside our core academic curriculum. We are doing this because we have noticed that with the increased rigor nationally in the new national curriculum, some children demonstrate increased anxiety and tension which can lead to fractious relationships and less enjoyable learning. While we can't return the curriculum back to the more child-friendly creative curriculum of a few years ago, we can support them with lessons about how to develop good mental health and how to manage stress and anxiety.

The school has started to introduce techniques such as "mindfulness" as a way of helping the children reflect on their feelings. We are aiming to help the children become more aware of negative feelings such as anger before these feelings affect behaviour. Similarly, we have started to introduce extended periods of quiet and silence within the school day to help children experience moments of calm and reflection.

We have also re-designed our anti-bullying support group under the leadership of Miss Binnie. The Anti-Bullying Council has been replaced by Values Leaders in Year 5 and 6 who support children who believe that they are being treated unkindly or are being bullied. This group, along with our Play Leaders and Student Council spend a large amount of time trying to support children to develop good behaviours on and off the playground. With a push to support the emotional well-being of the children, we should be able to continue to achieve our excellent academic results (well above national and county averages and the best in the local area) while also helping the children to maintain good mental health and, as a result, good behaviour even when feeling stressed – skills that will hopefully last a lifetime!

Yours sincerely

Dr Al Mistrano, Headteacher

— 8 O'CLOCK CLUB —

We are a women's group who meet on the first Thursday of the month in the lounge at the school. We have a variety of speakers as well as an annual garden party, birthday party and Christmas meal.

Our meetings for the following term are:–

6th October – Ian Cooper – Living with a motor home.

3rd November – tba

1st December – Christmas meal.

If you would like further information please phone Barbara on 01954 204171, Adela on 01954 204265, Ann on 01954 204687, or come along to one of our meetings, we would be very pleased to meet you.

— Bar Hill Church —



Bar Hill Church belongs to several denominations, including the Church of England, the United Reformed Church, the Methodist Church, the Baptist Union and the Society of

Friends. The Minister is Charles Mather, who may be contacted on charlesmather20@yahoo.com or tel: 01954 277119.

The church website is at www.barhillchurch.org.uk the Facebook page is at <https://facebook.com/barhillchurch> and our Twitter account is @BarHillChurch.

SERVICES FOR OCTOBER

Everyone is welcome to attend our services which will be held at the following times:

Sun. 2nd 10.00am Holy Communion
6.30pm Evening Praise
Sun. 9th 8.00am Holy Communion
10.00am Quaker Service
6.30pm Reboot Contemporary Worship
Sun. 16th 10.00am Holy Communion
6.30pm No Evening service
Sun. 23rd 10.00am All Together Worship
6.30pm Holy Communion
Sun 30th 10.00am Morning Worship
6.30pm Evening Prayer
Weds. 26th 10.00am Midweek Communion
Totzone, Kidzone and Café Church take place during 10am services except during the All Together Worship Services. 10.00am services are followed by tea/coffee, and there is a Traidcraft stall selling a range of fairly traded products.

EVENT: ECO GROUP VISIT

Amey-Cespa Recycling Centre
Tuesday 1st November 10.00am

For more information contact: Marguerite Daw on ecogroup@barhillchurch.org.uk

EVENT: THE CHURCH WEEKEND AWAY

14th to 16th October at High Leigh, Hoddesden
For more information contact: Charles, our Minister.

PRAYER FOR STREETS

Each month we pray for people in two streets and during **October** we will be praying for **Watermead** and **Partridge Drive**. If residents have a particular prayer request for themselves or their family they are welcome to e-mail Ginny on outreach@barhillchurch.org.uk

— GROUPS FOR ADULTS —

HOMEGROUPS

Would you like an opportunity to meet with other Christians for Bible Study and Prayer? Our homegroups provide an informal but supportive environment. Our present theme is "Fruitfulness on the Front Line". For more information contact Bob Chappell: education@barhillchurch.org.uk

MUSIC GROUP



This group meets at 7.30pm most Friday evenings in the Church to practise the music for Sunday services.

If you sing or play an instrument, you would be very welcome to join us. For further details, please contact Bob Chappell on education@barhillchurch.org.uk

KNIT & NATTER

Thursday afternoons

1.15–3.30pm

In the Octagon.



Everyone is very welcome, whether to knit, or just to chat and meet new friends. For more information, please contact Sue Kenchington on 01954 780260.

BRING YOUR OWN CRAFT GROUP

The craft group is open to anyone who enjoys or would like to start knitting, crochet, card-making or any other creative crafts. We meet in the Octagon from 2.15–4.45pm one Saturday each month for a couple of hours chatting, crafting and enjoying a chance to unwind. Please bring your own craft activity and materials – refreshments are provided.

Next meeting: 22nd October

Contact Wendy on 01954 782041 for more details.

COFFEE STOP

Every Wednesday

10am–midday

in the Bar Hill Library.



Coffee, tea and biscuits are served at a modest price.

A friendly meeting for all to chat with friends old and new. contact Sue Kenchington on 01954 780260.

ART GROUP



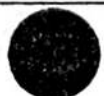
Whether you are a complete beginner or an experienced painter, this group will give you a warm welcome on Wednesday afternoons throughout the year from 1.30–4.00pm in the Church.

Meetings are very informal, with occasional visits from tutors. If you are new to painting, materials are available to borrow to help you get started.

Contact Jan Hewins on 01954 201495.

ECO GROUP

The group meets for an hour in alternate months to think about how we, as a local community, can best use our world's resources both for our own benefit and for that of future generations. For further details, please contact Marguerite on ecogroup@barhillchurch.org.uk



Traidcraft

Come and buy Fair Trade items from our Traidcraft stall each Sunday after the morning Service.

— Bar Hill Church —

— CHILDREN & YOUNG PEOPLE —

Cafe Church

On the first and third Sunday of each month the Children and Young people meet together in the Octagon for breakfast and worship and a learning activity
On the second and fifth Sunday of each month we have Kidzone with activities for Primary aged children
Totzone (4 years old and under) meets each week in the Meetings Room during the morning service.
On the Forth Sunday all ages meet together in the Worship centre for our All Together Worship service.

— YOUNG PEOPLE —

REBOOT

(2nd Sunday of the month)

This informal evening service, held from 6.30–8.00pm, is for adults and young people. It begins with cake, biscuits and drinks and uses contemporary music and format.

YOUTH SOCIALS

An opportunity to relax and play games (including Wii, Pool, Table Tennis), or themed parties on the first Sunday per month from 7.15–9.00pm in the Octagon (school year 7–8s may be collected at 8.30pm).

FOR MORE INFORMATION about any of these and other activities for children and/or young people, please contact Heather at cyp@barhillchurch.org.uk



— FRIENDS OF THE ROSIE —

The Friends of the Rosie Hospital are helping to make the Rosie a more comfortable environment for mothers and babies. If you have any toy stuffing or yarn we are in urgent need of your donation. For up-to-the minute information follow the Rosie in Stitches Facebook page.

Rosie in Stitches would like to thank customers at our stalls this summer. Our profit for 2016 is currently £650.

Upcoming Stall dates:

Tea Bar, Rosie Hospital Outpatient Clinic
Monday to Friday 9am to 4pm

Saturday 1st October 10.30pm to 2pm

Bar Hill Community Market, The Octagon, CB23 8EH

We will have gifts and ideas for Hallowe'en.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares, please contact a member of the committee, details are given on our website.

Thank you for your continued support.

— FAMILIES —



For pre-school and primary age children and their carers meets on the 3rd Wednesday of each month.

Join us for a Bible story and related craft activities followed by a simple meal.

The next Messy Church will take place on 19th October.

For more information, please contact Heather at cyp@barhillchurch.org.uk

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

The Catholic Church serving Bar Hill

Hills Road, Cambridge

Parish Priest: Rt. Rev. Mgr Eugene Canon Harkness

Tel: 01223 350787

Local contact: Bunty Waters

Tel: 01954 201421

Mon., Weds., Thurs., Friday

8am & 12.15pm

Tuesday

8am & 7.30pm

Saturday

6pm: First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at

Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday.

Copies are also available in the Church Centre.

— BAR HILL VILLAGE WEBSITE —

www.barhill.org.uk

You can find updates on such matters as the A14 upgrade, Northstowe, Topland and the environment on the Bar Hill Village website, along with lots of other information.

If you wish to put an item on the website, get in touch with the webmaster by either following the links on the website, or e-mail: barhill@machineconcepts.co.uk

Your Bar Hill News is available, without advertising pages, at www.barhill.org.uk/bhn.php by about 10 days before the paper copy is delivered.

— BAR HILL VILLAGE HALL —

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During the week we have the following groups and clubs:

Mon.	Helene Taylor-Todd School of Dance	4-6pm
	(school term time only)	
Mon.	Craig Burns Bootcamp	6.15-7.15pm
Mon.	Martial Arts	7.30-9pm
Tues.	Shotokan Karate	6-8pm
Wed.	Helene Taylor-Todd School of Dance	4-6.45pm
Wed.	Danielle Fitness Classes Zumba & Pilates	7-9pm
Thur.	Pilates (school term time only)	10-11am
Thur.	Weightwatchers	7-7.50pm
Fri.	Baby Sensory	10.30-12.30pm
Fri.	Martial Arts	7.30-9pm
Sun.	Bingo (doors open 7pm) Cash prizes	7.30-9pm

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours (Monday to Friday); or e-mail barhill.villagehall@btconnect.com

— BAR HILL SPORTS & SOCIAL CLUB —



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

What's on in October?

- Fri. 7th Charity Motown Night – Village Hall. Tickets £5. 7.30pm-midnight.
- Sat. 15th Almost ABBA – Village Hall. Ticket only, available from the club. Free to members, non-members £5. 8pm-midnight.
- Sat. 15th £50 members' draw.
- Sat. 22nd Race Night for the Cricket Club. £5 per ticket; kids are free. Great prizes. From 7pm.
- Fri. 28th Adults' Halloween Disco. Costume not essential but a free cocktail if you do dress up.
- Sat. 29th Kids' Halloween party 6-10pm. Games, treats and prizes for best dressed.
- Mon. 31st Monthly Quiz night from 7.30pm.

Looking Ahead...

- 4th Nov. Karaoke Night with Krazy Chris. From 8pm.

Not a Member?

New members are always welcome. Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. For further information, including opening times, visit our website:

www.bhssc.org.uk or tel: 01954 781881, or join us on Facebook at Bar Hill Sports & Social Club.

SPARE A FEW SECONDS TO SAVE OUR HEDGEHOGS

Hedgehogs are the nation's favourite wildlife animal, yet few people are aware of how seriously in decline they are. Sadly the main reasons for this is because of human interference – including...

Agricultural intensification: destruction of hedgerows to create larger fields and use of chemicals which kill their potential food supply.

An increase in roads, traffic and building projects: collisions with vehicles is a common form of mortality. 150,000 are killed on roads each year. Roads may also act as barriers to the movement of hedgehogs, isolating populations and thus reducing future breeding. We are also building over valuable wildlife habitats and leaving rubbish around that can injure or trap hedgehogs

Climate change: changes during summer can compromise hedgehogs' ability to build up enough fat reserves prior to hibernation. Changes during winter might make them more likely to come out of hibernation when there is little or no food available.

How you can help

Back gardens are our biggest nature reserve, so it is vital we open them up to help save the hedgehog.

A great way to help these wonderful animals is to make our gardens more wildlife friendly by having green areas and a wild area where there is a quiet spot. Leave a few gaps in your fence so they can travel from one garden to the next. A hedgehog can travel 1.5 miles every night.

Another important point: careful use of strimmers and other garden tools. It's not enough to just look as you cannot see hedgehogs asleep in the long grass, you need to make some noise around the area to waken or alert sleeping hedgehogs and then gently feel around the area with your foot or hands. It takes a little more time but it's worth it – thousands of hedgehogs are maimed and killed every year needlessly. If the public don't get on board, the European hedgehog could be close to extinction in 10 years.

Please put out water during dry spells and especially in very hot weather, as they can become dehydrated very quickly.

Hedgehogs are nocturnal so if you see them out during the day they may be ill and need urgent treatment, so will need to be taken to a hedgehog hospital. Bar Hill's closest SWCC Hedgehog Hospital is next to Shepreth Wildlife Park, Shepreth, Herts SG8 6PZ. It looks after many hedgehogs who may be dehydrated, poisoned, underweight or orphaned. Sadly many of those brought in with serious injuries (e.g. due to strimmers) have to be humanely put to sleep. We manage to rehabilitate many and they are released into a safe area which we have previously site checked.

The hospital is open 7 days a week from 10am-5pm.

If you need any advice on hedgehogs, please contact the hospital on 07505 651968; out of hours: 07771 457693.

Our humble hedgehog is now listed as a species of principal importance to protect. It is no longer enough for people who work in conservation to try to save them but everyone needs to help, or future generations may never see a wild hedgehog.

Liz Dams

Trustee of Shepreth Wildlife Conservation Charity



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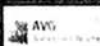
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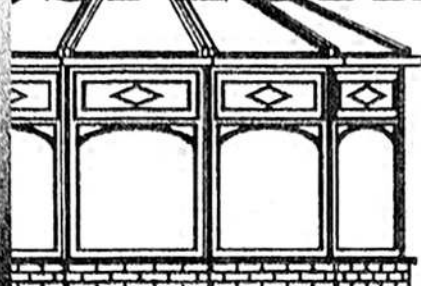
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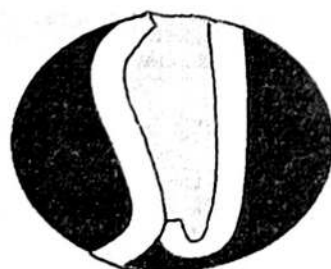
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— BAR HILL COLTS FOOTBALL CLUB —

Please find detailed below the list of teams, managers and contact numbers for the clubs for this season. In addition to the teams below, the club is looking to form another all girls team at U9 age group, so please contact either Kate Starling kate.starling@hotmail.co.uk, Secretary on 07949 784940; or Jairo Marin jairo@tesco.net, Chairman on 07712 121525, if you are interested in your daughter getting involved with the club.

Team	Coach/Manager & contact details
U6	Kevin Houston, 07401 686878; Steph Taylor, 07753 198551; Chris Ewles, 07809 413441
U7: Giants	Lewis Fulcher, 07415 137452; Simon Bardwell, 07974 172287; Sam Wilson, 07714 042497
U9: Tornadoes Blue	Joe Egan, 07917 071906; Garry Heslop, 07860 683543
U9: Tornadoes White	Peter Tod, 07960 064472; Daniel Starling, 07793 969123; Leon Baker, 07974 587717
U11: Blades	Dom Swindell, 07980 757259; Sam Deards, 07912 422436
U12: Roakets	Stan Williams, 07758 863859; Charlie Smith, 07969 300132
U13: Eagles	Jairo Marin, 07712 121525; Christian Marin, 07944 410105
U14: Foxes	Tim Parker, 07789 541050; Peter Cornwell, 07774 889848
U14: Vixens	Kristen Merry, 07782 341277
U16: Ravens	Kevin Sargent, 07871 552050; Janet Shanahan, 07775 505505

Mashup Session – Turn up and Play

In addition to the above, a Mashup session also runs on Friday evenings for 1 hour from 7:30pm for playing and non-playing players that want to turn up and play in a safe environment with their friends. The cost of the session for an hour of football is just £2 and this is targeted at children aged 12–16.

— THE ROYAL BRITISH LEGION, BAR HILL BRANCH —

The Royal British Legion Bar Hill meets on the 4th Thursday of each month in the meeting room of the Octagon from 7.30pm.

We are a small friendly group of like-minded people. You don't need to have an Armed Forces background to join, just share a common cause of supporting our Service Community, now and for the rest of their lives.

The Royal British Legion Poppy Appeal will take place from Monday 31st October till Sunday 13th November at Tesco, Bar Hill.

We are looking for people to help man the table during this time. If anyone would like to help us please contact Wendy Arrowsmith, Branch Secretary, on 01954 781381.

There will be a Dedication Service at the Church on Monday 31st October at 10am. If you would like to attend please just come along.

The Remembrance Service will take place on Sunday 13th November at 10am.

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— MAPLE SURGERY NEWS —

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12th NOVEMBER. All eligible patients will receive an invitation to attend.

Early morning appointments – we apologise but, due to staff changes, the surgery will no longer offer early morning appointments. Until further notice surgery will be open Monday–Friday 8.15am–6.30pm.

Free NHS health checks – if you are between 40 and 74 years and have not had a health check in the last five years, please contact the surgery to book in with the nurse now.

Emergency/on the day appointments – please remember that morning

emergency/on the day appointments may be booked any weekday from 8.30am; afternoon from 1.30pm.

Test results – telephone requests for these will only be accepted after 2pm.

Online appointments and repeat prescription Requests – registered patients can book GP appointments and order repeat medications on the Surgery website www.mhmaple.co.uk. Please call in to the surgery with one piece of photo ID to obtain your username and password. We also offer online access to coded data in patient records, please call in to the surgery for more information.

Repeat prescriptions – please remember to allow two clear working days for your repeat prescription requests to be processed. *For your own safety we are unable to accept any medication requests over the telephone.*

You may order on our website (above), by email: maplesurgery.repeats@nhs.net or put your completed repeats slip into the grey repeat prescription box in the surgery's front entry foyer.

Shingles vaccinations – from 1st September 2016 these will be offered routinely to people aged 70 and, as a catch up, to those aged 78. You become eligible for the vaccine on the first day of September after your 70th or 78th birthday.

Anyone eligible for immunisation in the previous three years remains eligible until their 80th birthday, i.e.:

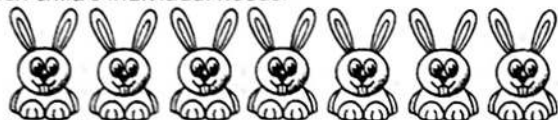
- people aged 71, 72 and 73 on 1st September 2016;
- people aged 79 on 1st September 2016.

The Maple Surgery Team

— BAR HILL CHILDMINDERS —

Bar Hill Childminders work as a close network of childcare professionals who offer a warm, friendly and loving home from home environment. We use the comfort of our homes as a base and can also offer your children the opportunities of day trips and range of outdoor experiences and take part in local community events and groups without being confined to one place. We offer flexibility in the hours that we work to suit you and your child's needs with village rates, rather than having set session times.

Your child will receive focused and individual attention and care as we progress them through the EYFS curriculum. Child led play as well as structured and personally thought out activities will encourage them to grow and learn at their own pace taking in to account each child's individual needs.



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We welcome you to join us and have an informal chat at either of our friendly & inviting 'Little Bunnies' sessions, Tuesdays (£2 per child max £3, under 1's £1) & Thursdays (£2.50 per adult under 1's £1) in the Church Octagon 9.45–11.15am term time. Here we offer a wide range of sensory experiences, activities, stories, singing and more...

Childminders: (those with current vacancies are starred)

Melanie 01954 204496* (Tuesdays)
Terri 07846 018714* (from November)
Kirsten 07906 218070
Jacky 07718 447998* (5+yrs)
Kirsty 07584 168909
Mandy 01954 204223
Carol 01954 780238
Karen 07930 196319* (5+yrs school hols)
Janine 07879 613731

— STORYTIME AT BAR HILL LIBRARY —

Stories and pictures, rhymes, songs and craft activities on 8th and 22nd October at 10.30am, at Bar Hill Library. Storytime has continued through the summer. We continue to invite parents and carers to bring their children of pre-school age to the Library – and their older brothers and sisters too. Come and join in half an hour or so of book-based fun.

This free event introduces children to their local library and reveals what is to be gained from learning to read. There is no need to book; just come along.

SEWING SERVICE



If you have a sewing job you don't fancy doing, call Lynn on 01954 201113 – she can probably help.

— BAR HILL CRICKET CLUB —



Our season finished with defeat to the champions Coton, although Sam Wilson's lifetime best score of 49 with the bat was a great way to end the season. We also faced Girton in a Sunday friendly which gave some of our youth players the chance to experience hard-ball cricket, which

bodes well for the future.

We have also held our presentation evening, with the following awards given out:

First team batsman – Adam Dean

First team bowler – Martin Haslop

Players' player of the year – Sam Wilson

Most improved player – Jack Colding

Clubman – Dave Allsopp

Outstanding performance – Adam Dean

Duckman – Alex Lee

Champagne moment – Alex Lee

Thanks to those who supported our fundraising duck race and our 30th birthday reunion in September. Our next event is a race night at the Social Club on Saturday 22nd October from 7pm. Our annual meeting will be held in January.

For details on these and other information about the club, visit www.barhillcricket.org.uk or call 01954 201212.

Paul Stimpson

— LET'S GET QUIZZICAL — AGAIN!

Friday 7th October at 7.30pm at **Quiz**
Over Day Centre

More quiz thrills before the winter chills: it's time for another fundraising Quiz Night at the Over Day Centre! Enjoy a brain teasing evening of fun. Bring your own team of six, or just come along!

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— THE ALLOTMENT SOCIETY —



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BAR HILL, A SOCIAL HISTORY, 1949–2004

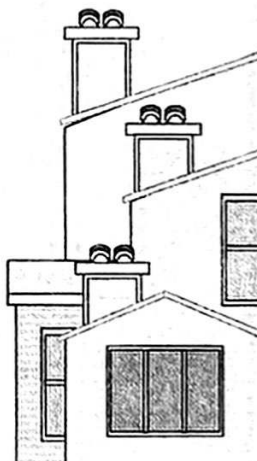
by Roger Hall

A4 format, with many old photographs of the village, 216 pages.

Copies, price £10.00, are still available from the author at 11 Almond Grove, Bar Hill. Tel: 01954 780304, or e-mail: roger.hall90@ntlworld.com

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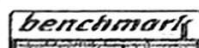


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— COUNCILLOR NOTES —

Devolution – there is much discussion at present about Devolution. The Government is talking to councils across the UK. Devolution is when certain powers, responsibilities and funding are transferred down from central government to local regions. This could mean that more important decisions are decided by a local combined authority rather than being imposed by government as well as new funding. This would include decisions on things like housing, transport and major infrastructure projects. Communities and businesses in Cambridgeshire and Peterborough were asked to have their say on the latest proposals and the results of this will be debated by Councils across the areas and have been shared with Government. This will help inform the final decision whether to go forward. Around 4,000 people across Cambridgeshire and Peterborough had their say in a series of consultations.

There is so much information; please go to www.cambridgeshire.gov.uk/devolution to get more informed. Also see Lynda Harford's report.

Recycling – South Cambs and Cambridge City Councils are looking for residents to become detectives to identify 'Unusual Suspects' around their homes that are often missed for recycling. Residents can boost the type of items recycled as 'Unusual Suspects' such as aerosol cans, foil trays, beauty crème jars and toilet roll tubes are often missed. Waste bosses on the hunt for more recycling have said that residents are used to recycling items such as plastic drinks bottles, food and drink cans, jam jars, cardboard boxes and newspapers in their kitchen, but items often found in other rooms, such as soap dispensers, bleach bottles and spray cleaners, are often missed. If everyone in the UK recycled one toothpaste box, it would save enough energy to run a fridge in over 2,000 homes for a year. Or, if they recycled one aluminium deodorant aerosol can, enough energy would be saved to run a TV in over 151,000 homes for a year. One aluminium air freshener aerosol can produce enough energy to vacuum over 876,000 homes for a year. Also, recycled plastic bottles can transform their identity to the point they are unrecognisable – children's toys, T-shirts, fleeces, garden furniture – the list goes on.

To find out more information go to Recycle Now's Facebook page www.facebook.com/recyclenow/ or website www.recyclenow.com.

Apprenticeships – South Cambs is urging firms to create more apprenticeships to develop local talented young people. Plans were presented at the Cabinet meeting on 15th September and councillors were asked to back the plan and make sure career paths are in place so the Council can aim to turn apprenticeships into permanent employment at the end of training. There are almost 5,000 businesses in South Cambridgeshire and even if half of those took on one apprentice it could create 2,500 opportunities for young people.

Please contact us if you need any information or assistance, or have any comments:

Bunty Waters: T: 01954 201421 / 07734 690580;

E: bunty.waters@ntlworld.com

Roger Hall: T: 01954 780304;

E: roger.hall90@ntlworld.com

– CAMBRIDGE OPEN ART EXHIBITION –

This will take place at Swavesey Village College on Friday 18th, Saturday 19th and Sunday 20th November.

With something for everyone – paintings, prints and cards to buy, creative activities for children, win-a-picture draw and an interactive installation – this is a must-see event just before Christmas. The Preview Reception takes place on Friday 18th at 6.30pm and the Awards Ceremony will be opened by local MP Heidi Allen. Tickets are £5 available from SVC box office from Monday 24th October, or you can buy online: www.ticketsource.co.uk/swaveseyvc.

Free entry over the weekend with plenty of parking. Already established as one of the major art events of the year, local artists from Cambridgeshire and further afield were quick to respond to the 'entries open' call in mid-July. Visit the new website www.coax.org.uk. There will be over 300 works on display and no commission is taken on sales in order to keep prices well within the reach of pre-Christmas buyers.

The artists compete for the Cambridge Art Awards with a top prize of £500, runners-up awards of framing prizes kindly provided by Milton based HMC Framing and this year the Top Twenty chosen artists will go forward to a two week exhibition at the Babylon Gallery in Ely. COAX is completely self-funding, no public funding has been applied for and the voluntary organisation relies on local businesses for prizes and support. This year it will include a charity event in aid of Jahabeto Orphanage in Kitale, Kenya.

The pupils and staff at Swavesey Village College are involved in all aspects of raising the exhibition and this provides an excellent learning opportunity for the students, ranging from practical hanging arrangements, to meeting and discussing artworks with artists and acting the role of reporters and photographers interviewing judges and audience.

Please contact Arts Development Manager, Phoebe Monk at Swavesey Village College for more information – info@coax.org.uk.

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The Three Musketeers rewritten by Matt Isham is on its way to Swavesey Village College on 7th and 8th October.



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The show is coming along very well with lots of excitement and thrilling moments. The cast is very excited for the show with lots of hard work and commitment put in.

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The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing **Online Learning Journals** where each parent can follow the development of their child in words and pictures via a secure login. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

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— COUNTY COUNCILLOR REPORT —

Devolution will face its next test at the end of October when all councillors in Cambridgeshire and Peterborough will vote on whether to enter into a Combined Authority. Over the summer there have been two consultation exercises. An independent survey of residents was undertaken by MORI, which showed that 55% of respondents in the local community supported devolution, with only 15% being opposed. Over 80% of residents felt that decisions are better made locally with generally three quarters supporting the range of devolved housing, transport and infrastructure powers and budgets contained in the proposals.

An online consultation generated over 1,500 responses – far higher than in other parts of the country. In this poll 55% supported the general principle of devolving powers from central government to Cambridgeshire and Peterborough. In every authority area for Cambridgeshire and Peterborough more people supported the principle of devolution than opposed it. Just under a third of respondents [31%] supported having an elected Mayor for Cambridgeshire and Peterborough, with 59% opposed.

A report on the consultation has been sent to the Secretary of State for Communities and Local Government. The full report can be found at: <http://www.cambridgeshire.gov.uk/devolution>.

The *Local Government Boundary Commission for England* has published its final decisions on a review of Cambridgeshire County Council. There are no appreciable changes to the original decisions published in February. The new report confirms that Bar Hill division will comprise only Bar Hill, Dry Drayton, Girton and Lolworth. Sadly, as previously published, we shall see Boxworth become part of the Swavesey/Papworth Division.

In its continuing efforts to support older people remaining in their own homes, the County Council part funds the *Cambridgeshire Handyperson Scheme*. The Age UK run service aims to prevent accidents by offering a free personal assessment, home safety check. Available to those over 65 years, it can also arrange for small jobs to be carried out. More information available on Age UK's website or contact: 01480 700205 or 0300 666 9860.

Consultation continues until 10th October on the *Greater Cambridge City Deal* proposals to address rush hour congestion. Go to: http://www.cambridgeshire.gov.uk/site/custom_scripts/cons_details.aspx?ref=516 to express your views.

If you would like to know more about what's happening at the County Council, please let me know and I will add you to the circulation of the full report I write monthly for parish councils.

Lynda, lyndaharford@icloud.com; 01954 251775 / 07889 131022; follow me on Twitter: @2whit2whoo

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— OCTOBER BULLETIN —
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Winter is coming and Cambridgeshire Fire and Rescue Service is encouraging all residents to get their chimney professionally swept before the cold sets in.

Top tips to enjoy an open fire safely:

- Sweep your chimney at least once a year and get brickwork inspected, especially the chimney breast and roof space.
- Do not bank fires too high or overload the grate, and remember to let them burn down well and check the hearth before going to bed.
- Use a fire or spark guard to prevent accidental fires.
- Do not place objects on or over the mantle-piece which may cause you to stand too close to the fire to reach or use them.
- Burn only suitable fuels and avoid burning resinous woods as soot builds up quickly.

Above all, ensure you have a working smoke alarm fitted on each floor of your home and a carbon monoxide alarm installed.

For the latest news, incidents and safety advice, or to contact us, either call 01480 444500; log on to www.cambsfire.gov.uk; sign up to e-mail alerts; or find us on Twitter, Instagram, YouTube and Facebook.

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— CAMBRIDGE PINKS —



Research that saves lives

On Sunday 9th October we will be walking the tow path from Milton to Waterbeach. If you would like to join in, e-mail me at the address below to receive your registration pack. We hope to see lots of pink outfits on our inaugural walk to mark the start to Breast Cancer Awareness Month.

Breast Cancer Now's Wear It Pink event will be on Friday 21st October. You can get your participation pack from <http://wearitpink.org/signup>.

If you would like to get involved in fundraising for Breast Cancer Now then please do get in touch.

If you would like to find out more about Breast Cancer Now and how your donations will be used, then visit our website www.breastcancer.org.

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— SCAM OF THE MONTH —

There is a phishing email currently in circulation that claims to be from the City of London Police, supposedly representing the 'Fraud Intelligence Unit' and the 'National Fraud Intelligence Bureau'. The email is titled 'compensation fund' and has a letter attachment that claims to be offering financial compensation to victims of fraud. The letter uses the City of London Police logo. The letter states that in order for compensation to be arranged, the receiver of the email should reply disclosing personal information. It states that HSBC and the South African Reserve Bank have been chosen to handle the compensation claims. All of these claims are false. *The email and letter are fraudulent and should not be replied to.*

Protect Yourself:

- Do not open attachments or click links in emails from an unknown source. It could result in your device being infected with a virus.
- Legitimate organisations, including The City of London Police and the National Fraud Intelligence Bureau, will never email you asking you to disclose personal information.

If you believe you are a victim of this or any other fraudulent email, get your device checked by a professional and report it to Action Fraud, the UK's national fraud and cyber crime reporting centre: www.actionfraud.police.uk or call 0300 123 2040

— WILDLIFE TRUST —

Huntingdonshire Local Group

There will be an illustrated talk about Badgers on Wednesday 12th October at 7.30pm.

The presentation will be given by Patrick Barkham, who will focus on their secretive life, covering items such as habitat, social organisation and the conservation issues that affect one of our favourite mammals.

Farming for Wildlife will be the topic of an illustrated talk on Wednesday 9th November at 7.30pm. The talk will be given by Nicholas Watts, who owns Vine House Farm in Lincolnshire, a traditional arable farm in the Fens. He will tell us about the conservation measures he uses whilst farming in order to create and maintain a wide range of habitats and thereby encourage wildlife. Nicholas grows seed specifically for bird food, benefiting Wildlife Trusts with donations from his profits. In 2013 Nicholas was the winner of the RSPB Nature of Farming award.

Both talks will be held at Brampton Memorial Hall, Thrapston Road, Brampton PE28 4TB.

Anyone interested in wildlife is most welcome to attend either talk. Booking is not necessary. Entrance charge £2.50 (accompanied children free). Please contact Tim on 01480 457795 for more information.

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Off to university or college? There is an outbreak of MENINGITIS W at present. Public Health England is urging young people starting university or college to have a vaccination to protect them against four strains of meningitis. If you have not had this vaccination please contact the surgery for advice.

Flu vaccinations — we should have received these by now. Please call and book your appointment. The vaccination is recommended — and free — to patients over-65, pregnant women and patients with long-term medical conditions regardless of age. If you are unsure please ask. Private flu vaccinations are available at a cost of £10 for those who are not eligible for NHS vaccinations. Please ask in Pharmacy.

Flu vaccines for healthy children — the campaign to reduce flu in the community by vaccinating healthy children continues. This winter children born between 01/09/2011 and 31/08/2014 are eligible to receive a nasal flu vaccination. Please contact us to make an appointment.

Shingles Vaccination — the following groups of patients are eligible for shingles vaccination: (1) patients born between 2/9/42 and 1/9/46 and (2) patients born between 2/9/36 and 1/9/38. If you fall into one of these groups, please contact us to make an appointment. This is a one-off vaccination and does not need repeating.

Patient Surveys — both the practice and the pharmacy are required to conduct a patient survey on an annual basis. You may be asked to complete a questionnaire when you attend the surgery and we would like to thank you in advance for your co-operation. We are always happy to receive your feedback either on the website, or in our patient comments boxes, or by email: willinghammedicalpractice@nhs.net This will help us review and improve our service.

Carers Support Meetings — next meetings are on Wednesdays: 12th October 2–4pm and 9th November 2–4pm. Please do pop along for free support and advice or just a cup of tea and a chat. There will be no meetings in December or January.

Sharon Unwin, Manager

— GIRLGUIDING IN BAR HILL —



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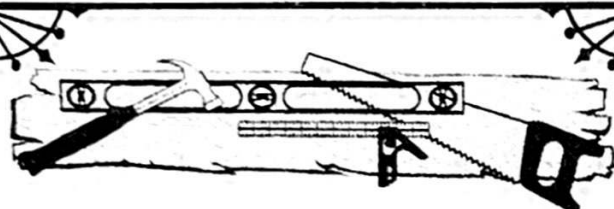
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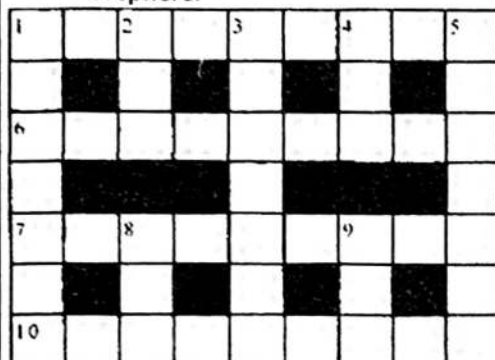
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— OCTOBER CROSSWORD —

Across: 1. Italian raw sliced protein, 6. high flyer, 7. part of a horse grooming kit (5,4), 10. a clock change month.
Down: 1. opportunities, 2. to be stuck in, 3. assistant to a priest, 4. tea, 5. month following no 10, 8. a fabric, 9. sphere.



SOLUTION FOR SEPTEMBER

Across: 1. acrobatic, 6. Constable, 7. earphones, 10. year round.
Down: 1. archery, 2. ran, 3. butcher, 4. tub, 5. creased, 8. rna, 9. nfu.

— BIN COLLECTION DATES —

Weds. 28th Sept. green and blue bins
Weds. 5th Oct. black bin
Weds. 12th Oct. green and blue bins
Weds. 19th Oct. black bin
Weds. 26th Oct. green and blue bins
Weds. 2nd Nov. black bin
Weds. 9th Nov. green and blue bins
Weds. 16th Nov. black bin
Weds. 23rd Nov. green and blue bins
Weds. 30th Nov. black bin

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— USEFUL TELEPHONE NUMBERS —

Out of Hours Medical Emergencies		111
Police Non-Emergency		101
Allotment Society	Rob Lawrence	07788 590348
Bar Hill Church	Minister: Charles Mather	01954 277119
	Church office	01954 206120
Bar Hill School		01954 273305
Bar Hill Cricket Club	Paul Stimpson	01954 201212
Bar Hill Sports & Social Club		01954 781881
Cambridge Fire & Rescue Service Helpline		0800 917 9994
Coffee Stop, Knit & Natter, Holiday@Home	Sue Kenchington	01954 780260
Community Car Scheme		07496 465330
Community Market	Karen Austen	01954 781085
Conservative Party	Iris Lay	01954 205265
County Councillor	Lynda Harford	01954 251775
		07889 131022
Councillor, Parish Council, Residents' Association, Bar Hill News Advertising	Bunty Waters	01954 201421
		07734 690580
Councillor, Parish Council, Residents' Association	Roger Hall	01954 780304
Happy Hours	Anne Plumb	01954 780364
Health Walks	Josephine Powell	07901 558108
	Patricia Daniels	07917 874402
Heidi Allen MP	Office	01954 212707
Liberal Democrat Party	Andy Pellew	07814 871752
Library - renewals & enquiries		0345 0455225
GP Surgeries	Maple	01954 780442
	Over	01954 231550
	Swavesey	01954 230202
	Longstanton	01954 207600
	Willingham	01954 260230
(NEW NUMBER) Willingham & Longstanton Dispensary		01954 207600
Neighbourhood Watch	Pam Vendy	01954 201001
Over Day Centre	Sarah Peck, Manager	01954 231807
Parish Council Office	Sue Bell, Parish Clerk	01954 780456
Post Office		01954 789285
Pre-School		01954 782892
Royal British Legion, Health & Wellbeing at Tesco	Wendy Arrowsmith	01954 781381
Samaritans		01223 364455
Swavesey Village College		01954 230366

BICYCLE REPAIRS & SERVICING: 07914 655086

— OCTOBER PUZZLE —

Form nine, nine letter composers in alphabetical order.

A	C	H	E	S	I	P	E	R
B	E	E	G	O	L	R	L	A
B	E	R	I	Z	E	S	C	A
D	O	N	L	L	O	S	C	H
E	E	R	M	A	Y	S	I	E
E	I	N	N	S	T	T	H	O
E	N	B	O	F	F	T	T	I
E	R	B	O	N	B	T	T	I
E	R	G	P	A	I	V	E	N

Solution for September: APPARATUS, BAROGRAPH, CONDENSER, GASOMETER, LOGOMETER, MEGAPHONE, OPTIGRAPH, PYROSCOPE, VOLTMETER.

RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings.



They are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meetings: 4th October; 1st November.

— EVENTS CALENDAR —

date	event	where	time
1 October	A14 Improvement Scheme Exhibition (page 1)	Village Hall	10am–4pm
1 October	Community market (page 3)	Octagon	10am–2pm
3 October	Happy Hours – play your cards right (page 3)	Octagon	11am–3pm
6 October	Village Hall AGM (page 1)	Village Hall	7.30pm
6 October	8 O'clock Club – living with a motor home (page 5)	Bar Hill School	8pm
7 October	Motown Night (page 1)	Village Hall	7.30pm
7 October	Fundraising Quiz Night (page 16)	Over Day Centre	7.30pm
7–8 October	Swavesey RADSOC: The Three Musketeers (page 21)	Swavesey Village Collage	
8 October	Storytime (page 16)	Bar Hill Library	10.30am
8 October	Norfolk in Focus – photography workshop (page 15)	Norfolk	
10 October	Happy Hours – name – mime – hum game (page 3)	Octagon	11am–3pm
11 October	Health and Wellbeing Club (page 3)	Tesco community room	2–4pm
12 October	Wildlife Trust talk on badgers (page 25)	Brampton, PE28 4TB	7.30pm
13 October	NWR – planning meeting (page 3)		8pm
15 October	Almost Abba (page 1)	BHSSC	
17 October	Happy Hours – fun with flags (page 3)	Octagon	11am–3pm
18 October	Bar Hill Book Club (page 3)	The Fox	7pm
22 October	Storytime (page 16)	Bar Hill Library	10.30am
22 October	Race Night for the Cricket Club (page 8)	BHSSC	7pm
24 October	Happy Hours – comedy hour (page 3)	Octagon	11am–3pm
27 October	NWR – research a religious meeting (page 3)		8pm
28 October	Adults' Halloween Disco (page 8)	BHSSC	
29 October	Kids' Halloween Party (page 8)	BHSSC	6–10pm
31 October	Happy Hours – scary food (page 3)	Octagon	11am–3pm
31 October	Halloween Display (page 1)	12 Appletrees	6.30pm
3 November	8 O'clock Club (page 5)	Bar Hill School	8pm
4 November	Karaoke Night (page 8)	BHSSC	8pm
5 November	Community market (page 3)	Octagon	10am–2pm
9 November	Wildlife Trust talk on farming for wildlife (page 25)	Brampton, PE28 4TB	7.30pm

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schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices: Under Ones – £1.00 (or FREE when paying for a sibling over one); Over Ones – £2.00.

Maximum charge per family/child-minder – £3.00.

Visit our Facebook page for details of future events.

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